

Information on where you can donate blood in Tanzania.

Source Tanzania national blood transfusion service (NBTs) :

Dar es Salaam

1) Ilala municipal

- Damu Salama Eastern zone-Ilala Mchikichini
- Muhimbili National Hospital- Upanga
- Muhimbili Orthopaedic Institute
- Amana Regional referral Hospital
- Mnazi Mmoja Hospital
- Chanika Hospital

2) Kinondoni municipal

- CCBRT Hospital
- Mabwepande Hospital
- Mwananyamala Regional referral Hospital

3) Temeke municipal

- Temeke regional referral hospital
- Mbagala Rangitatu Hospital
- Yombo health center

4) Ubungo municipal

- Ubungo health center
- Sinza Palestina Hospital
- Muhimbili National Hospital - Mloganzilza

5) Kigamboni

- Vijibweni Hospital
- Kimbiji Hospital

Mtwara regional

1) Mtwara municipal

- Zonal Blood Center – Ligula Hospital
- Likombe Hospital
- Nanguruwe Hospital
- Majengo health center
- Dinyecha health center
- Nanyamba health center
- Mahurunga health center
- kitere health center

2) Masasi municipal

- Mkomaindo Hospital
- Ndanda Hospital
- Nagaga health center

3) Nanyumbu municipal

- Mangaka Hospital
- Michiga health center

4) Newala municipal

- Newala Hospital
- kitangali health center
- chihangu health center

5) Tandahimba municipal

- Tandahimba Hospital
- Mahuta health center
- namindodi health center
- Ruagala health center

Lindi region

1) Lindi municipal

- Ilulu Zonal Blood Center –
- Nyangao Hospital
- Mnazi mmoja health center
- Nyangamara health center
- kitomanga health center
- Mtama health center

2) kilwa municipal

- Kinyonga hospital
- Pande health center
- Tingi health center
- Masoko health center

3) Nachingwea municipal

- Nachingwea Hospital
- Mnero Hospital

4) Ruangwa municipal

- Ruangwa Hospital

5) Liwale municipal

- Liwale Hospital

- kikutuka health center

Njombe region

1) Njombe municipal

- Kibena Hospital
- Njombe Regional referral hospital
- Uwemba health center

2) Ludewa municipal

- Ludewa Hospital

3) Mketi municipal

- Ikonda Hospital

4) Makambako municipal

- Makambako Hospital

5) Wanging'ombe municipal

- Ilembula Hospital

Pwani region

1) Kibaha municipal

- Tumbi Hospital

2) Chalinze municipal

- Chalinze health center

3) Kisarawe municipal

Kisarawe hospital

4) Kibiti district

Kibiti hospital

5) Mkuranga municipal

- Mkuranga health center

6) Rufiji municipal

Rufiji hospital

7) Mafia municipal

Mafia hospital

8) Bagamoyo municipal

Bagamoyo Hospital

MOROGORO REGION

8) Morogoro municipal council

Morogoro regional referral hospital

9) Morogoro district council

District hospital

10) Mvomero district

Mvomero hospital

11) Gairo district

Gairo district hospital

12) Ulanga district

Mahenge hospital

13) Malinyi district

- Malinyi hospital

7) Kilombero

KILOMBERO HOSPITAL

8) Ifakara district

St. Francis Hospital

9) Kilosa district

Kilosa hospital

IRINGA REGION

1) Iringa municipal council

- Blood donation center Iringa Hospital
- Flerimo Hospital

2) Iringa municipal

- Tosamaganga Hospital

3) Kilolo district

- Ilula Hospital
- Kilolo district hospital

4) Mufindi district

- Usokami health center
- Lugoda health center

5) Mafinga district

- Mafinga Hospital

MBEYA REGION

1) Mbeya municipal

- Zonal blood center – Meta Hospital
- Zonal referral hospital – Mbeya
- Regional referral hospital– Mbeya
- Igawilo health center

2) Mbeya district

- Ifisi Hospital
- Ilembo health center

3) Rungwe district

- Tukumyu(Makandana) Hospital

4) Busokelo district

- Itete Hospital

5) kyela district

- Kyela district hospital

6) Chunya district

- Chunya district hospital

7) Mbarali district

- Mbarali District hospital
- Chimala Mission Hospital

RUKWA REGION

1) Sumbawanga municipal council

- Sumbawanga Regional Referral Hospital
- Dr. Atiman Memorial Hospital
- Mazwi Health Centre

2) Sumbawanga district

- Laela Health Centre

3) Kalambo district

- Mtowisa Health Centre
- Milepa Health Centre

4) Nkasi district

- Namanyere Hospital
- Nkomolo Health Centre
- Kirando Health Centre
- Mwimbi Health Centre

KATAVI REGION

1) Mpanda municipal council

- Katavi regional referral hospital
- Ilembo health center

2) Mlele district

- Inyonga health center

3) Tanganyika district

- Karema Health Centre
- Mishamo Health Centre

4) Mpimbwe district

- Usevya Health Centre

TABORA REGION

1) Tabora municipal council

- Tabora Regional Referral Hospital (Kitete RRH)
- *Western Zone National Blood Transfusion Centre*
- St. Ann's Mission Health Centre
- Malolo Hospital
- *Milambo Military Hospital*

2) Urambo district

- Urambo Hospital
- Ussoke health center

3) Nzega town council

- Nzega Hospital
- Zogolo health center

4. Kaliua district

- Kaliua District Hospital
- Kaliua Health Centre
- Ulyankulu Health Centre
- St. John Paul II Hospital

5 . Sikonge District

- Sikonge Council Designated Hospital (CDH)
- Kitunda Health Centre
- Mazinge Health Centre

5) Nzega district

- Ndala Kituo Hospital
- Busondo Health center
- Bukene Health center
- Itobo Health center
- Lusu Health center

6) Uyui district

- Uyui District
- UPuge Health center

7) Igunga district

- Igunga district hospital
- Nkinga hospital
- Simbo health center
- Choma health center
- Igurubi health center

SINGIDA REGION

1) Singida municipal council

- Singida region referral hospital
- Sokoine Health center

2) Singida district

- St. Carolus Hospital

3) Ikungi district

- Makiungu district hospital

4) Itigi district

- Itigi health center

- St. Gaspar district Hospital

5) Iramba district

- Kiomboi district hospital

6) Mkalama district

- Kinyambuli health center

7) Manyoni district

- Manyoni district hospital
- Kilimatinde Hospital

8) Bahi district

- Bahi district hospital
- Bahi health center
- Health center Mundem
- Chipanga health center
- Chifutuka dispensar

9) Kondoa town council

- Kondoa district hospital
- Kingale health center

DODOMA REGION

1) Dodoma municipal council

- **Benjamin Mkapa Hospital**
- Makole Urban Health Centre
- St. Gemma Hospital
- Mirembe National Mental Hospital
- Central Zone Blood Transfusion Centre

2) Kongwa district

- Kongwa District Hospital
- Mlali Health Centre

- Ugogoni Health Centre
- Kibaigwa Health Centre
- Sejeli Health Centre

3) Mpwapwa district

- Mpwapwa District Hospital
- Kibakwe Health Centre
- Mima Dispensary
- Pwaga Health Centre
- Lumuma RC Health Centre
- St. Luke's Health Centre

4) Chemba district

- Hamai Health Centre
- Mrijo Health Centre
- Kwamtoro Health Centre

5) Kondoa district

- Busi Health Centre
- Itololo Health Centre
- Bereko Health Centre
- Mauno Health Centre
- Mnenia Health Center

6) Chamwino district

- Chamwino Health Centre
- Mpayungu Health Centre
- Mvumi Designated District Hospital

TANGA REGION

1) Tanga city council

- Tanga Regional Referral Hospital (Bombo Hospital)
- Ngamiani Health Centre

- Makorora Health Centre

2) Muheza district

- St. Augustine's Designated District Hospital – Muheza
- Mkuzi Health Centre

3) Mkinga district

- Mkinga Health Centre
- Maramba Health Centre

4) Pangani district

- Pangani district hospital

5) Korogwe district

- Mombo Health Centre
- Bungu Health Centre
- Magoma Health Centre
- Mkumbara Health Centre
- Korogwe district hospital

6) Korogwe town council

- Korogwe Town Hospital (Magunga Hospital)
- Majengo Health Centre

7) Handeni district

- Mkata Health Centre
- Kabuku Health Centre

8) Handeni town council

- Handeni town Hospital

9) Kilindi district

- Kilindi designated Hospital
- Donge health center

10) Bumbuli district

- Bumbuli mission hospital

- Tamota health center
- Mgwashi health center

11) Lushoto district

- Lushoto District Hospital
- Mnazi Health Centre
- Mlalo Health Centre
- Kangagai Health Centre

MANYARA REGION

1) Babati town council

- Mawenzi Regional Referral Hospital
- Mrara District Hospital (Babati Town Hospital)

2) Babati district

- Dareda Hospital
- Bashnet Hospital
- Magugu Health Centre

3) Mbulu town council

- Daud Health Centre
- Mbulu District Hospital
- Tlaawi Health Centre

4) Mbulu district

- Hydom hospital
- Dongobesh health center

5) Kiteto district

- Kibaya district hospital- kiteto
- Sunya health center

6) Hanang district

- Tumaini district hospital

- Simkbay health center

7) Simanjiro district

- Simanjiro District Hospital
- Mirerani Health Centre
- Orkesumet Health Centre
- Naberera Health Centre
- Simanjiro Health Centre

KIGOMA REGION

1) Kigoma municipal council ujiji

- Maweni Regional Referral Hospital
- Kigoma Baptist Hospital
- Ujiji Health Centre

2) Buhigwe district

- Buhigwe District Hospital
- Heri Mission Hospital
- Muyama Health Centre
- Janda Health Centre
- Bihalu Health Centre
- Mzenze Health Centre

3) Kasulu Town district

- Mlimani Hospital – Kasulu Town
- Kabanga Mission Hospital
- Kiganamo Health Centre

4) Kasulu district

- Kasulu District Hospital
- Nyenge Health Centre
- Lusesa Health Centre
- Shunga Mission Hospital
- Kimwaya Health Centre
- Nyarugusu Camp Health Centre

5) Kibondo district

- Kibondo District Hospital
- Mabamba Health Centre
- Kagezi Health Centre
- Kifura Health Centre
- Nduta Refugee Camp Health Services

6) Uvinza district

- Uvinza District Hospital
- Uvinza Health Centre
- Ilagala Health Centre
- Buhingu Health Centre

- Kalya Health Centre
- 7) Kakonko district**
 - Kakonko Health Centre
 - Nyanzige Health Centre
 - Gwanumbu Health Centre
- 8) Kigoma district**
 - Bitale Health Centre
 - Matyazo Health Centre
 - Mwa Mgongo Health Centre

KILIMANJARO REGION

- 1) Moshi municipal council**
 - Mawenzi Regional Referral Hospital
 - Pasua Health Centre
 - Kilimanjaro Christian Medical Centre (KCMC)
 - St. Joseph Hospital (CDH)
 - Northern Zone Blood Transfusion Centre (NZBTC)
- 2) Moshi district**
 - Kilema Hospital
 - Kibosho Hospital
 - TPC Hospital
 - Marangu Hospital
 - Urukyaseni Health Centre
 - St. Monica Hospital
 - Faraja Hospital
- 3) Hai district**

- Hai district hospital
- Machame hospital

4) Siha district

- Charlote health center
- Ashengai health center
- Ngarenairobi health center
- Siha district hospital

5) Same district

- Same district hospital

- Gonja health center
- KMbwambo health center
- Ndungu health center

6) Mwanga district

- Mwanga district hospital
- Neema health center
- Kifula health center
- Kisangara health center

7) Rombo district

- Huruma Hospital
- Ngoyoni hospital
- Karume health center

SHINYANGA REGION

1) Shinyanga municipal

- Shinyanga regional referral hospital
- Kambarage health center
- Kolandoto hospital

2) Kahama municipal

- Kahama Municipal Hospital
- Mwendakulima

3) Msalala district

- Chela health center
- Ngaya health center
- Lunguya health center
- Bugalama health center

4) Ushetu district

- Ushetu hospital
- Bulungwa health center
- Ukune health center

5) Shinyanga district

- Nindo health center
- Bugisi health center
- Tinde health center
- Samuye health center

6) Kishapu district

- Mwadui Williamson Hospital
- JK Hospital Tanzania
- Dr. Jakaya Kikwete District Hospital
- Bunambiyu Health Centre
- Kishapu Health Centre
- Songwa Health Centre

GEITA REGION

1) Bukombe district

- Uyovu hospital
- Bukombe district hospital

2) Chato district

- Chato Zonal Referral Hospital
- Chato District Hospital
- Bwanga Health Centre

3) Nyang'hwale district

- Nyang'hwale health center

4) Geita district

- Katolo health center
- Nzera district hospital
- Nyarugusu health center

5) Mbogwe district

- Masumbwe health center
- Iboya health center

6) Geita town council

- Geita Regional Referral Hospital
- Kasamwa Health Centre
- Sakamu Health Centre

- WAJA Health Centre

MWANZA REGION

1) Mwanza city council

- Zonal Blood Transfusion Centre
- Sekou-Touré Regional Referral Hospital
- Bugando Zonal Referral Hospital
- Nyamagana District Hospital

2) Ilemela municipal council

- Karume health center
- Buzuruga health center
- Sangabuye health center
- Pasiansi-private health center

3) Magu district

- Magu district hospital

4) Sengerema district

- Sengerema district hospital

5) Misungwi district

- Misungwi district hospital
- Misasi health center

6) Kwimba district

- Sumve hospital
- Malya health center
- Ngudu hospital

7) Ukerewe district

- Ukerewe district hospital
- Nansio health center
- Bwisya health center

8) Buchosa

- Buchosa district hospital
- Nkome health center
- Kakobe health center

SIMIYU REGION

1) Bariadi district

- Songambe health center

2) Bariadi municipal

- Ngulyati health center
- Bariadi town district hospital
- Simiyu hospital

3) Busega district

- Busega district hospital
- Nassa health center

- 4) Itilima district
 - Nkoma health center
 - Ikindilo health center
- 5) Meatu district
 - Meatu district hospital
 - Mwandoya health center

ARUSHA REGION

- 1) Arusha city council
 - Mount Meru Regional Referral Hospital
 - Muriet Health Centre
 - Arusha Lutheran Medical Centre (ALMC)
 - St. Elizabeth Hospital
 - Njiro District Hospital
- 2) Meru district
 - Meru District Hospital
 - Nkoaranga Lutheran Hospital
 - Momella Health Centre
 - Mbuguni Health Centre
 - Usa River Health Centre
- 3) Longido district
 - Longido health center
 - Eworendeke health center
 - Engaronaibor health center
 - Olmoti health center
- 4) Karatu district
 - Karatu Lutheran Hospital
 - FAME Medical
 - Karatu Health Centre
 - Endamarariiek Health Centre
 - Endabash Health Centre
 - Simba Health Centre
 - Rhotia Health Centre
 - Hhando Health Centre
- 5) Ngorongoro district
 - Wasso Hospital
 - Endulen Hospital
- 6) Arusha district
 - Oltrumet Hospital
 - Selian Lutheran Hospital
 - Kivulini Maternity Centre
 - Nduluma Health Centre
 - Mbuyuni Health Centre

7) Monduli district

- Monduli district hospital
- Makuyuni health center
- Mto wa mbu health center
- Military hospital

8) MARA REGION

1) Musoma municipal

- Musoma regional referral hospital
- Nyasho health center

2) Musoma district

- Murangi health center

3) Bunda district

- Mugeta health center
- Kasahunga health center
- Kibara health center
- Ikizu health center

4) Bunda district

- Manyamanyama health center
- Bunda town hospital

5) Butiama district

- Kiagata health center
- Butiama district hospital

6) Rorya district

- Baraki health center
- Shirati hospital
- Utegi health center
- Kowak hospital

7) Tarime district

- Tarime town district hospital

8) Tarime district

- Sirari health center
- Nyamwaga health center
- Nyangoto health center
- Nyarwana health center

9) Serengeti district

- Nyerere district hospital
- Natta health center

KAGERA REGION

1) Bukoba municipal council

- Bukoba regional referral hospital

2) Bukoba District

- Bukoba district hospital

- Izimbya health center
- 3) Biharamulo district
 - Biharamulo district hospital
- 4) Karagwe district
 - Kayanga health center
 - Nyakahanya health center
- 5) Kyerwa district
 - Nkwenda health center
 - Kyerwa district hospital
- 6) Missenyi district
 - Bunanzi health center
 - Mgana health center
 - Kagera sugar health center
- 7) Muleba district
 - Rubya hospital
 - Kagondo health center
 - Ndolage health center
- 8) Ngara district
 - Murgwanza hospital
 - Rulenge health center
 - Nyamiaga health center